

SUN	MON	TUE	WED	THUR	FRI	SAT
9:00 Catholic Mass Video 30 10:00 Hand Massages 3:00 Sunday Movie Club 3:30 Vespers-HCC 4:30 Vespers Worship-Chapel					Activities are subject to change without notice. Not all activities are listed.	10:30 Daily Chronicles w/ Caregivers 10:30 Shabbat Service 3:00 Nail Care 3:30 Happy Hour 1
9:00 Catholic Mass Video 2 10:00 Hand Massages 10:30 Music with Rebecca 3:00 Sunday Movie Club 3:30 Vespers-HCC 4:30 Frasier Memorial Service--Chapel	9:30 Cardio n Strength 10:00 Current Events w/ Charlie 3 10:30 Music with Sandy Moffett 2:30 Watercolor Painting 3:00 ElderGrow Garden-Herbal Sachets 3:00 Exercise 1:1 w/ Danielle 3:30 Happy Hour	9:30 Painting with Tania 10:30 Hot Topics: Harry Truman w/ Bob Ritzen 11:00 Pet Visits 1:00 Raised Bed Planting 2:30 Bible Study/HCC 3:00 Chat and Stories w/ Caregivers 3:30 TV Share and Learn Happy Hour	9:00 RevUp & Relax 5 1:30 Flower Arranging 2:00 Exercise w/ Danielle 3:30 Happy Hour 4:10 Djembe Drumming / IL 6:00 Guitar Music w/ Rebecca / HCC 6:30 Wednesday Night Movie Club 'Rain Man'	9:20 DrumFit Exercise 6 10:30 Music with Leah 12:00 Lunch with Brune 3:00 Art Opening of Nancy St. Germain 3:30 Happy Hour	9:30 Cardio n Strength 7 10:15 Poetry w/ Nancy n Bob 11:00 Pet Visits 3:00 Live Music / HCC 3:00 Exercise 1:1 w/ Danielle 7:00 All Together Now Jamboree!	8:00 Happy Birthday Brad! 10:30 Daily Chronicles w/ Caregivers 3:00 Nail Care 3:30 Happy Hour 8
9:00 Catholic Mass Video 9 10:00 Hand Massages 3:00 Sunday Movie Club 3:30 Vespers-HCC 4:30 Vespers Worship-Chapel	9:30 Cardio n Strength 10 10:00 Current Events w/ Charlie 10:30 Janet Streater on Piano 12:00 Ladies Lunch with Kelsey 1:00 Jewish Movie Series 'Dough' 2:30 Watercolor Painting 3:00 Exercise 1:1 w/ Danielle 3:30 Happy Hour	10:30 Balance n Stretch 11 11:00 Pet Visits 1:00 Raised Bed Planting 2:30 Bible Study/HCC 3:00 Chat and Stories w/ Caregivers 3:30 Happy Hour	9:00 RevUp & Relax 12 12:00 Lunch in South Fork Dining 1:30 Flower Arranging 2:00 Exercise w/ Danielle 3:30 Happy Hour 6:30 Wednesday Night Movie Club 'The Post'	9:20 DrumFit Exercise 13 10:30 Karaoke with Jeanie Ash 12:00 Lunch with Brune 3:00 Happy Birthday HillTop Hour! 3:30 Happy Hour 7:30 Musical Meditation and Poetry / IL	Flag Day 9:45 Trip - Spark! BMoCA Tour 10:30 Resident Council 11:00 Pet Visits 3:00 Live Music / HCC 3:00 Exercise 1:1 w/ Danielle	10:30 Daily Chronicles w/ Caregivers 15 10:30 Shabbat Service 3:00 Nail Care 3:30 Happy Hour
Father's Day 9:00 Catholic Mass Video 16 10:00 Hand Massages 10:30 Music with Rebecca 3:00 Sunday Movie Club 3:30 Vespers-HCC 4:30 Vespers Worship-Chapel	9:30 Cardio n Strength 17 10:00 Current Events w/ Charlie 10:30 Jen Anderson on Sax 2:00 Super Food Presentation: Berries! 2:30 Watercolor Painting 3:00 ElderGrow Garden-Suncatchers 3:00 Exercise 1:1 w/ Danielle 3:30 Happy Hour	9:30 Tuesdays with Tim 18 11:00 Pet Visits 11:00 Trip - Dexter Payne Quintet Concert 1:00 Raised Bed Planting 2:30 Bible Study/HCC 3:00 Chat and Stories w/ Caregivers 3:30 Happy Hour 7:00 Shriner Band Concert	9:00 RevUp & Relax 19 9:30 Mass with Father Cliff / HCC 1:30 Flower Arranging 2:00 Exercise w/ Danielle 3:30 Happy Hour 4:10 Djembe Drumming / IL 6:30 Wednesday Night Movie Club 'Sleeper'	9:20 DrumFit Exercise 20 10:30 Music with Leah 12:00 Lunch with Brune 2:30 Hymn Sing with Bob Ritzen 3:00 Ladies' Tea 3:30 Happy Hour	8:00 Happy Birthday Priscilla U! 9:30 Cardio n Strength 10:15 Poetry w/ Nancy n Bob 10:30 Frasier's Death Cafe 11:00 Pet Visits 3:00 Live Music / HCC 3:00 Exercise 1:1 w/ Danielle	10:30 Daily Chronicles w/ Caregivers 22 2:30 Saturday Opera 3:00 Nail Care 3:30 Happy Hour
9:00 Catholic Mass Video 23 10:00 Hand Massages 3:00 Sunday Movie Club 3:30 Vespers-HCC 4:30 Vespers Worship-Chapel	9:30 Painting with Tania 24 9:30 Cardio n Strength 10:00 Current Events w/ Charlie 10:30 Music with Rebecca Abraxas 2:30 Watercolor Painting 3:00 Exercise 1:1 w/ Danielle 3:30 Happy Hour 7:00 Bluegrass Music Ethnology	9:30 Acting Up! Band 25 10:30 Balance n Stretch 11:00 Pet Visits 1:00 Raised Bed Planting 2:30 Bible Study/HCC 3:00 Chat and Stories w/ Caregivers 3:30 Happy Hour	9:00 RevUp & Relax 26 10:30 TED Talks with Wendi and Wendy 1:30 Flower Arranging 2:00 Exercise w/ Danielle 3:30 Happy Hour 6:30 Wednesday Night Movie Club 'A Dogs Purpose' 7:30 Sustainability Series:	9:20 DrumFit Exercise 27 10:30 Music with Josh 11:45 Men's Lunch with Bob Ritzen 12:00 Lunch with Brune 2:00 Songwriting with Lynn 3:00 Eyes on Art 3:30 Happy Hour	9:30 Cardio n Strength 28 10:15 Poetry w/ Nancy n Bob 11:00 Pet Visits 3:00 Live Music / HCC 3:00 Exercise 1:1 w/ Danielle	10:30 Daily Chronicles w/ Caregivers 29 3:00 Nail Care 3:30 Happy Hour

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Assisted Living Classic

