

SUN	MON	TUE	WED	THUR	FRI	SAT
MC = Memory Care HCC = Health Care Center IL = Independent Living	Not all activities are listed. Activities subject to change without notice.		9:00 RevUp & Relax 10:30 TED Talk w/ Wendi & Wendy 11:30 Blossom May Day Parade 1:30 Flower Arranging 2:00 Exercise w/ Danielle 3:30 Happy Hour 4:10 Djembe Drumming / IL 6:00 Guitar Music w/ Rebecca / HCC 6:30 Wednesday Night Movie Club	1 9:20 DrumFit Exercise 10:30 Music with Leah 12:00 Lunch with Brune 2:00 TRIP - Tulips on Pearl 3:30 Happy Hour	2 9:30 Cardio n Strength 10:00 Poetry w/ Nancy n Bob 11:00 Pet Visits 3:00 Live Music Happy Hour/HCC 3:00 Exercise 1:1 w/ Danielle	3 10:00 Exercise with Paige 10:30 Daily Chronicles w/ Caregivers 10:30 Shabbat Service 3:00 Nail Care 3:00 Boulder Bach Festival Concert / IL 3:30 Happy Hour
Cinco de Mayo 9:00 Catholic Mass 10:30 Music with Rebecca 11:00 Hand Massages 3:00 Sunday Movie Club 3:30 Vespers-HCC 4:30 Vespers Worship-Chapel	5 9:30 Cardio n Strength 10:00 Current Events w/ Charlie 10:30 Parlando Faculty: Piano and Flute 12:00 Ladies Lunch with Kelsey 2:30 Watercolor Painting 3:00 ElderGrow Garden 3:00 Exercise 1:1 w/ Danielle 3:30 Happy Hour	6 9:30 Painting with Tania 10:00 Folklorica Dancers / IL 11:00 Pet Visits 1:00 Knitting to the Max 2:30 Bible Study/HCC 3:00 Art Opening/ Janet Gollin & Friends 3:30 Happy Hour	7 9:00 RevUp & Relax 12:00 Lunch in South Fork Dining 1:30 Flower Arranging 2:00 Exercise w/ Danielle 3:30 Happy Hour 6:30 Wednesday Night Movie Club	8 9:20 DrumFit Exercise 10:30 Music with Josh Brune 12:00 Lunch with Brune 3:00 Birthdays Party 3:30 Happy Hour 7:30 A Kaleidoscope of CO History / IL	9 9:30 Cardio n Strength 10:00 Poetry w/ Nancy n Bob 10:30 Resident Council 11:00 Pet Visits 3:00 Mexican Mother's Day Celebration/HCC 3:00 Exercise 1:1 w/ Danielle	10 10:00 Exercise with Paige 10:30 Daily Chronicles w/ Caregivers 3:00 Nail Care 3:30 Happy Hour 4:00 Roederer Piano Concert / IL
Mother's Day 9:00 Catholic Mass Video 11:00 Hand Massages 3:00 Sunday Movie Club 3:30 Vespers-HCC 4:30 Vespers Worship-Chapel	12 9:30 Cardio n Strength 10:00 Current Events w/ Charlie 10:30 Janet Streater on Piano 2:30 Watercolor Painting 3:00 Exercise 1:1 w/ Danielle 3:00 Low Vision Group / IL 3:30 Happy Hour	13 10:00 Demystifying Dementia: Part IV 10:30 Yoga n Balance 11:00 Pet Visits 1:00 Knitting to the Max 2:30 Bible Study/HCC 3:30 Happy Hour	14 9:00 RevUp & Relax 9:30 Mass with Father Cliff / HCC 10:30 TED Talk w/ Wendi & Wendy 1:30 Flower Arranging 2:00 Exercise w/ Danielle 3:30 Happy Hour 4:10 Djembe Drumming / IL 6:30 Wednesday Night Movie Club 7:30 Lyceum Presents / IL 7:30 Lyceum Presents: NASA's New Horizons Spacecraft	15 9:20 DrumFit Exercise 10:30 Music with Leah Brune 12:00 Lunch with Brune 2:30 Hymn Sing with Bob Ritzen 3:00 Ladies' Tea 3:30 Happy Hour	16 8:00 Happy Birthday Joe! 9:30 Cardio n Strength 10:00 Poetry w/ Nancy n Bob 10:30 Frasier's Death Cafe 11:00 Pet Visits 3:00 Happy Hour Birthday Celebration/HCC 3:00 Exercise 1:1 w/ Danielle	17 10:00 Exercise with Paige 10:30 Daily Chronicles w/ Caregivers 3:00 Nail Care 3:30 Happy Hour
9:00 Catholic Mass Video 10:30 Music with Rebecca 11:00 Hand Massages 3:00 Sunday Movie Club 3:30 Vespers-HCC 4:30 Vespers Worship-Chapel	19 9:30 Cardio n Strength 10:00 Current Events w/ Charlie 10:30 Kevin De Miranda-classical guitar 2:00 Super Food Presentation 2:30 Watercolor Painting 3:00 ElderGrow Garden 3:00 Exercise 1:1 w/ Danielle 3:30 Happy Hour	20 9:30 Painting with Tania 9:30 Tuesdays with Tim 10:00 Hot Topics 'The Ark' 11:00 Pet Visits 11:00 TRIP - Opera at the Library 1:00 Knitting to the Max 2:30 Bible Study/HCC 3:15 Woodworking w/ Charlie 3:30 Happy Hour	21 9:00 RevUp & Relax 10:00 Widowed Senior Grief Group / IL 1:30 Flower Arranging 2:00 Exercise w/ Danielle 3:30 Happy Hour 6:30 Wednesday Night Movie Club	22 9:20 DrumFit Exercise 10:30 Music with Laurie 11:45 Men's Lunch w/ Bob Ritzen 12:00 Lunch with Brune 2:30 World Turtle Day Videos 3:30 Happy Hour	23 9:30 Cardio n Strength 10:00 Poetry w/ Nancy n Bob 11:00 Pet Visits 3:00 Live Music Happy Hour/HCC 3:00 Exercise 1:1 w/ Danielle	24 10:00 Exercise with Paige 10:30 Daily Chronicles w/ Caregivers 10:30 Shabbat Service 3:00 Nail Care 3:30 Happy Hour
9:00 Catholic Mass Video 11:00 Hand Massages 3:00 Sunday Movie Club 3:30 Vespers-HCC 4:30 Vespers Worship-Chapel	26 Memorial Day 10:00 Current Events w/ Charlie 10:30 Classical Pianist Essa Kalendareva 3:30 Happy Hour	27 9:30 Acting Up! Band 10:30 Yoga n Balance 11:00 Pet Visits 1:00 Knitting to the Max 2:30 Bible Study/HCC 3:30 Happy Hour	28 9:00 RevUp & Relax 1:30 Flower Arranging 2:00 Exercise w/ Danielle 3:30 Happy Hour 6:30 Wednesday Night Movie Club	29 9:20 DrumFit Exercise 10:30 Karaoke with Jeanie Ash 12:00 Lunch with Brune 3:30 Happy Hour 4:00 Young Chautauqua Performance	30 8:00 Happy Birthday Kayrene! 9:30 Cardio n Strength 10:00 Poetry w/ Nancy n Bob 11:00 Pet Visits 3:00 Live Music Happy Hour/HCC 3:00 Exercise 1:1 w/ Danielle	31 10:00 Exercise with Paige 10:30 Daily Chronicles w/ Caregivers 10:30 Shabbat Service 3:00 Nail Care 3:30 Happy Hour

May 2019
Assisted Living Classic

