

SUN	MON	TUE	WED	THUR	FRI	SAT
HCC = Health Care Center IL = Independent Living	Not all activities are listed. Activities are subject to change without notice.		8:45 RevUp & Relax 9:30 Hannah's Exercise 10:15 ConorTime! 11:30 Blossom May Day Parade 2:30 Circle Share w/ Kat 3:30 Daily Chronicles 4:00 Happy Hour 6:00 Guitar Music w/ Rebecca / HCC 6:30 Movie	1 9:20 DrumFit Exercise 10:00 Daily Chronicles 10:30 Music with Leah 2:00 TRIP - Tulips on Pearl 4:00 Happy Hour 6:00 Trivia Challenge 6:30 Movie	3 9:30 Cardio n Strength 10:00 Poetry w/ Nancy n Bob 11:00 Pet Visits 11:30 Chandelier Lunch 2:00 Konnections with Kelsey 3:00 Live Music Happy Hour/HCC 4:00 Happy Hour 6:30 Movie	4 10:00 Exercise with Paige 10:30 Shabbat Service 10:30 Nail Care 3:00 Boulder Bach Festival Concert / IL 4:00 Happy Hour 6:30 Movie
Cinco de Mayo 10:30 Music with Rebecca 2:45 Hand Massages 3:30 Vespers-HCC 4:00 Cinco de Mayo Happy Hour 6:00 Complete the Phrase 6:30 Movie	5 National Nurses Day 9:30 Cardio n Strength 10:00 Daily Chronicles 10:30 Parlando Faculty: Piano and Flute 2:00 Fitness Walk w/ Danielle 3:00 ElderGrow Garden 4:00 Happy Hour 6:00 Laugh Club 7:00 Movie	6 10:00 Folklorica Dancers / IL 11:00 Pet Visits 2:30 Bible Study/HCC 3:15 Brain Games 4:00 Happy Hour 6:30 Movie	7 8:45 RevUp & Relax 9:30 Hannah's Exercise 10:15 ConorTime! 2:30 Circle Share w/ Kat 3:30 Daily Chronicles 4:00 Happy Hour 6:30 Movie	8 9:20 DrumFit Exercise 10:00 Daily Chronicles 10:30 Music with Josh 2:00 Card Games 3:00 Birthdays Party 4:00 Happy Hour 6:00 Trivia Challenge 6:30 Movie	9 9:30 Cardio n Strength 10:00 Poetry w/ Nancy n Bob 11:00 Pet Visits 11:30 Chandelier Lunch 2:00 Konnections with Kelsey 3:00 Mexican Mother's Day Celebration/HCC 4:00 Happy Hour 6:30 Movie	10 10:00 Exercise with Paige 10:30 Nail Care 2:30 Walking Group 3:00 BINGO 4:00 Happy Hour 6:30 Movie
Mother's Day 10:30 Walking Group 11:00 Trivia Challenge 2:00 Mother's Day Card Exchange 2:45 Hand Massages 3:30 Vespers-HCC 4:00 Happy Hour 6:00 Complete the Phrase 6:30 Movie	12 9:30 Cardio n Strength 10:00 Daily Chronicles 10:30 Janet Streater on Piano 2:00 Fitness Walk w/ Danielle 3:00 BINGO 4:00 Happy Hour 6:00 Laugh Club 7:00 Movie	13 9:30 Tea with Kathryn 10:30 Yoga n Balance 11:00 Pet Visits 11:00 Stories with Kathy 2:30 Bible Study/HCC 3:15 Brain Games 4:00 Happy Hour 6:30 Movie	14 8:45 RevUp & Relax 9:30 Hannah's Exercise 9:30 Mass with Father Cliff / HCC 10:15 ConorTime! 2:30 Circle Share w/ Kat 3:30 Daily Chronicles 4:00 Happy Hour 6:30 Movie	15 9:20 DrumFit Exercise 10:00 Daily Chronicles 10:30 Music with Leah 2:30 Hymn Sing with Bob Ritzen 3:30 Stories w/ Kathy R 4:00 Happy Hour 6:00 Trivia Challenge 6:30 Movie	16 8:00 Happy Birthday Jane! 9:30 Cardio n Strength 10:00 Poetry w/ Nancy n Bob 11:00 Pet Visits 11:30 Chandelier Lunch 2:00 Konnections with Kelsey 3:00 Happy Hour Birthday Celebration/HCC 4:00 Happy Hour 6:30 Movie	17 10:00 Exercise with Paige 10:30 Nail Care 2:30 Walking Group 3:00 BINGO 4:00 Happy Hour 6:30 Movie
10:30 Music with Rebecca 2:45 Hand Massages 3:30 Vespers-HCC 4:00 Happy Hour 6:00 Complete the Phrase 6:30 Movie	19 9:30 Cardio n Strength 10:00 Daily Chronicles 10:30 Kevin De Miranda-classical guitar 2:00 Super Food Presentation 2:00 Fitness Walk w/ Danielle 3:00 ElderGrow Garden 4:00 Happy Hour 6:00 Laugh Club 7:00 Movie	20 9:30 Movement & Drama 10:00 Hot Topics 'The Ark' 11:00 Pet Visits 11:00 TRIP - Opera at the Library 2:30 Bible Study/HCC 3:15 Woodworking w/ Charlie 4:00 Happy Hour 6:30 Movie	21 8:45 RevUp & Relax 9:30 Hannah's Exercise 10:30 Flower Arranging 11:00 Apples to Apples Game 2:30 Circle Share w/ Kat 3:30 Daily Chronicles 4:00 Happy Hour 6:30 Movie	22 9:20 DrumFit Exercise 10:00 Daily Chronicles 10:30 Music with Laurie 2:30 World Turtle Day Videos 3:00 Turtle Bread Baking 4:00 Happy Hour 6:00 Trivia Challenge 6:30 Movie	23 9:30 Cardio n Strength 10:00 Poetry w/ Nancy n Bob 11:00 Pet Visits 11:30 Chandelier Lunch 2:00 Konnections with Kelsey 3:00 Live Music Happy Hour/HCC 4:00 Happy Hour 6:30 Movie	24 10:00 Exercise with Paige 10:30 Shabbat Service 10:30 Nail Care 2:30 Walking Group 3:00 BINGO 4:00 Happy Hour 6:30 Movie
10:30 Walking Group 11:00 Trivia Challenge 2:45 Hand Massages 3:30 Vespers-HCC 4:00 Happy Hour 6:00 Complete the Phrase 6:30 Movie	26 Memorial Day 10:00 Daily Chronicles 10:30 Classical Pianist Essa Kalendareva 3:00 BINGO 4:00 Happy Hour 6:00 Laugh Club 7:00 Movie	27 9:30 Acting Up! Band 10:30 Yoga n Balance 11:00 Pet Visits 12:00 Lunch in South Fork Dining 2:30 Bible Study/HCC 3:15 Brain Games 4:00 Happy Hour 6:30 Movie	28 8:45 RevUp & Relax 9:30 Hannah's Exercise 10:15 ConorTime! 2:30 Circle Share w/ Kat 3:30 Bob Hope Birthday Trivia 4:00 Happy Hour 6:30 Movie	29 9:20 DrumFit Exercise 10:00 Daily Chronicles 10:30 Karaoke with Jeanie Ash 2:00 Card Games 3:00 Happy Hour 4:00 Young Chautauqua Performance 6:00 Trivia Challenge 6:30 Movie	30 9:30 Cardio n Strength 10:00 Poetry w/ Nancy n Bob 11:00 Pet Visits 11:30 Chandelier Lunch 2:00 Konnections with Kelsey 3:00 Live Music Happy Hour/HCC 4:00 Happy Hour 6:30 Movie	31

May 2019

Assisted Living Memory Support

