

# ASSISTED LIVING AND MEMORY CARE

## Come home to Frasier

We've put a lot of careful thought into our Assisted Living and Memory Care community at Frasier – partnering with premier architectural firms to create a life-affirming atmosphere that's intimate and inviting for everyone who makes this their home. And we consult with experts in the field of memory-related illnesses to ensure that the unique needs of residents with challenges like Alzheimer's and dementia are addressed in every aspect of the environment and care you'll experience here.

### **You'll notice the difference the minute you enter our community, where you'll find:**

- Private apartment suites that are stylish – with access to courtyards and gardens that bring the beauty of the outdoors in.
- Shared spaces that are graceful and welcoming, ensuring safety while honoring freedom and independence.
- Person-directed care that's focused on holistic wellness and founded on the philosophy that all people, regardless of age or ability, have ongoing opportunities for growth and happiness.
- Life-enriching social, recreational and therapeutic activities provided by a caring and compassionate staff

With 19 apartments for people needing assistance with activities of daily living and 19 for those living with dementia, you're sure to find the right Assisted Living accommodations here at Frasier. You're sure to feel right at home.



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## At your service

Here, we're committed to helping you live as independently as you desire, with the assistance you need, whenever you need it. We work with you and your family to create a care plan tailored to your individual needs, with support that may include:

- 24/7 on-site staff
- A variety of dining options available all day long
- Medication management
- Assistance with bathing, dressing, and meals
- Emergency response system
- Nightly room checks
- Weekly housekeeping, laundry and ironing
- Mail and newspaper delivery to room
- Scheduled group transportation to special events

## Your community, your amenities

Of course, all of the luxuries and activities you love at Frasier will remain available to you as an Assisted Living and Memory Care resident. What's more, our entire campus is wheelchair accessible and connected internally, so you'll never have to go out into the elements to enjoy our:

- Towne Grille and elegant dining rooms
- Salon and spa
- Aviary
- Aquarium
- Enclosed gardens and fountain
- Wellness Center with heated pool
- Book and movie library
- Gift shop
- Computer center
- And so much more!



# FRASIER

350 Ponca Place • Boulder, Colorado 80303  
303-499-4888 • FrasierMeadows.org  
720-562-4460 (Assisted Living)

## FREQUENTLY ASKED QUESTIONS:

### **Who is eligible for Assisted Living and Memory Care?**

Anyone 65 or older who has physical or memory challenges and may need safety oversight or assistance with activities like bathing, dressing, grooming or medications that do not require 24-hour nursing care.

### **Is your Assisted Living and Memory Care community licensed?**

Yes, we are licensed by the state of Colorado and by the Commission on Accreditation of Rehabilitation Facilities (CARF).

### **Does Frasier accept insurance?**

Yes. Many long-term care policies provide coverage for licensed Assisted Living and Memory Care. However, our Assisted Living and Memory Care Center is not certified for Medicaid.

### **What is your staffing profile?**

Staff is scheduled 24-hours a day, seven days a week. Life enrichment is also part of our programming.

### **What if an Assisted Living or Memory Care resident needs more care?**

If your physical or memory loss challenges increase to the point where more constant care is required, our Health Care Center offers around-the-clock skilled nursing and rehabilitation services. The Health Care Center is Medicare and Medicaid certified.

### **What if an Assisted Living or Memory Care resident needs therapy?**

Physical, speech and occupational therapists are available and therapies may be covered by Medicare.

### **Does Frasier offer a wellness program?**

Yes, our residents enjoy a complete Wellness Center with special equipment for weight and flexibility conditioning. We also offer classes in Yoga, Tai Chi, Pilates, balance and tummy-toning. Not to mention a heated resistance pool for aquatic classes and relaxation; a complete holistic healing program that includes massage therapy, reflexology, acupuncture, Feldenkrais, and Watsu; and spa services such as facials and foot massages.

### **Are respite care and hospice care available?**

We partner with several local hospice care providers. The hospice provider you choose will provide information about qualifying for their services. Respite stay is available depending on room availability.

### **Who operates Frasier continuing care retirement community?**

Frasier is a not-for-profit organization that was founded in 1960 and affiliated with the Rocky Mountain United Methodist Conference. The Board of Trustees includes respected members of the local business, medical, and religious communities.



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