Two Residents Join Frasier Design Team

Last May at the CEO breakfast Tim requested that the Nominating Committee of the Resident Council submit the names of residents to be considered for the two designated resident positions on the Design Team. Two residents were subsequently chosen by the administration: Tad Sargent and Pat Carden.

Tad thinks he was chosen for the Design Team because he can provide the long-term perspective of an involved eleven-year resident of Frasier. Pat thinks she was picked because she has the perspective of a new, younger resident, provides the necessary resident female voice, and lives in Central, the oldest and most populous of Frasier’s apartment complexes.

Both see themselves as close observers of the team’s operation who raise questions and offer comments when a decision under discussion will benefit from the residents’ perspective.

But what IS the Design Team? They are the people who are charged with the demanding task of bringing the Master Plan from concept to reality, into actual bricks and mortar. The team includes an impressive array of highly experienced, dedicated experts, currently representing:

(Continued on page 2)
The Walk to End Alzheimer’s - a Great Event for an Important Cause!
Join Team Frasier

The 2016 Boulder Walk to End Alzheimer’s is right around the corner: August 13 on the campus of CU-Boulder. We are so excited for this very worthwhile event!

Since the end of May, we’ve had numerous events on the Frasier campus to raise funds for the fight against Alzheimer’s. Prior to going to press, we have raised close to $4,000 and have over 40 who have committed to walking. Thank you so much for your continued support and commitment. Way to go Team Frasier!

It’s not too late to be a part of the Frasier team to walk or to donate. You can sign up at either front desks or go to www.frasiermeadows.org/walk. All those who join Team Frasier will receive a FREE Frasier t-shirt! Also, transportation for residents will be provided to the Walk. Transportation will leave the day of the Walk at 8 am (as the Walk starts at 9am) and return around 10:30 am.

More than 5 million Americans are living with Alzheimer’s disease. It kills more than breast and prostate cancer combined. In 2015, more than 15 million caregivers provided an estimated 18.1 billion hours of unpaid care. Help change those numbers. Come join the fun and help fight Alzheimer’s!

If you have any questions or need additional information on the Walk to End Alzheimer’s, please contact Julie Soltis at 720-562-4307. We hope to see you at there!

Trish Judd

Julie Soltis, Director of Communications
Jonathan Jones – Frasier Trustee

Jonathan “Jon” Jones became a Frasier trustee in July, adding an exceptionally important expertise to the board. Jon is CEO of Wright Water Engineers. Wright Water, founded by Ken Wright, is a highly respected local firm with experience in all aspects of water management, including flooding and flood plain planning. A trustee/engineer proficient in that field is valuable to Frasier as we work on a flood wall, a berm and new buildings. Residents recall all too vividly the night of Sept. 12, 2013 when runoff from Sioux Dr. overflowed onto the Frasier campus, flooding garages, elevators and halls. The Skilled Nursing Unit was evacuated that night by flashlight. Jon remembers it well. His mother was one of the patients wheeled to safety through the rain by dedicated staffers.

Rose Jones lived the last two years of her life at Frasier. Her family is ever grateful for the lov-

(Continued on page 4)

Richard Bedell – Frasier Trustee

Richard “Dick” Bedell has joined the Frasier Board of Trustees, adding a physicians’ perspective to our already multi-talented advisory board. His is a rich history of professional accomplishments and volunteer contributions.

Doctor Bedell had a pediatric practice in Boulder for 28 years in partnership with Frasier resident Don Moore. Many of our residents have known him as their children’s doctor. He has served as the president of the Colorado Medical Society and has taught pediatrics as an Associate Professor at the University of Colorado Health Sciences Center.

Dick’s local community service with Meals on Wheels, Emergency Family Assistance, Sister Carmen and Boulder Community Health earned him the Boulder Camera Pacesetter Award. He was recognized by Rotary International for his medical contributions nationally and internationally in areas of medical underserved people. AIDS orphans, Navajo youngsters, children of Nicaragua, Malawi, Gambia, Asia and South America have benefited from

(Continued on page 4)
Lobby Slide Shows

The colorful slide shows that enrich the lobbies of Independent Living and Assisted Living provide both a sampling of Frasier’s varied activities and a showcase for artistic scenes of nature captured by creative resident photographers. Clint Heiple manages the digital submissions - he tries to maintain an equal balance between photos of activities and natural beauty. Anyone who would like to submit digital photos to be considered for the slide shows may do so by sending them to Clint as email attachments (clinth.1@gmail.com) or putting them on a flash drive and leaving it on his shelf (apt. 184-FN). Submitters should be aware that the photos might also be used for Frasier publicity outside the building.

(Continued from page 3)

Phil Waggener

(Continued from page 3)

Dick’s caring expertise as teacher and/or clinician. He devoted sabbatical and vacation time for 35 years to work at The Wanless Presbyterian Mission Hospital of Miraj, India.

Dick and his wife Jean have lived in the Boulder area half a century. Their 4 children, raised in the Boulder suburb Knollwood, attended Mapleton, Casey and Boulder High. The Bedells now enjoy a town home in Lafayette and their longtime summer cottage in Nederland. Jean, a nurse, specialized in geriatric care thus neatly bracketing the human health care needs with Dick’s neonatal interests.

Would anyone so active and involved have time for avocations? Of course! Gardening and carpentry. Welcome to Frasier, Richard Bedell. We are proud to have you as a Trustee.

Louise Bradley
Opus Two—Cooperstock and Terwilliger

Andrew Cooperstock, piano and William Terwilliger, violin” — when we first saw the advertisement, we thought it might be a vaudeville act. It wasn’t quite that, but their performance was most entertaining, full of familiar American melodies and engaging explanations.

Their duo, “Opus Two,” has been traveling the globe for years as emissaries of the Department of State carrying messages of peace and appreciation of American music. This Frasier performance was in preparation for extended appearances this summer in Paris and Zarborg, Germany.

Cooperstock, co-head of the Department of Piano at the CU College of Music, performed with all the skill and gusto expected of a person in that position.

Terwilliger, Professor of Violin at the University of South Carolina, carried the melodies of the likes of George Gershwin and Stephen Foster clearly and in fine balance with his piano counterpart.

Piano Professor Hsing-ay Hsu Challenges Her Audience to Participate

Professor Hsing-ay’s amazing command of the piano is familiar to many Frasier folk. The combination of her fascinating exchanges with the audience and her breathtaking piano work yielded an afternoon of delight for all present.

She loves to chat but also teaches something about music. She introduced two piano pieces, one in a sharp key and the other flat. The audience was asked to describe the difference in feeling between them. They said the flat piece seemed soft and mellow. The one in a sharp key was seen as slightly brittle, a bit prickly and somewhat harsh.

She also compared two pieces on the theme of love. One was soft and delicate and a little passionate. The other was turbulent and agitated.

Hsing-ay’s recital offered the double joy of hearing beautiful music expertly played and guidance in understanding the subtleties of it all.

Kevin Bunnell
LOOKING WEST (to the future...)

What’s in Your Cell?  

by Anne Bliss

Not so many years ago party lines connected us with friends and neighbors, while others on our line might listen. Public announcements came to everyone on that line. Today, regular “land” telephones are much better, offering more privacy and more functions, especially with remote handsets.

But it is the cellular phone that interests me. Not only do these mobile devices provide the means for talking and messaging, they also have become private secretaries, repositories for information and access to knowledge stored in “the cloud.” We ask our mobile phones to tell us everything from where we are to how to get somewhere—the nearest gas station, post office or burger—to provide time and temperature and to remind us of appointments. We have even regained use of prehensile thumbs to send text messages around the world.

Those of us with cell phones wonder how did we ever live without them! Pretty well, actually, with more money in our pockets than today, after we pay for monthly talk, text, and data plans. We perhaps lived more cogently, too, because we remembered important things and were ignorant of the chatter. We remembered phone numbers. How many do you remember now? Whose? And birthdays, and appointments? Now our hands and brains have a new extension—our cell.

Hmmm...is this cellular phone actually a sort of cell? Are we captives to it? When our phones are turned on, they are tracked; whoever is using the phone can be located. Our interests, family and friends, photos, recipes, books and videos, our lives, are captured and held in these devices. Sure, they’re convenient and fun, and they offer quick access to nearly everything. But do they also hold us prisoner in a way, making us less personable while more multi-tasking and superficial? Can we function without our cells? What is the human tradeoff for convenience?

Dining Services

Four new daily items have been added to the regular dinner menu: fresh mussels, boneless pork chops, apricot glazed roast chicken, and eggplant Napoleon. Have you tried them?

They have been quite popular, and we appreciate the variety available to us.

The month of August will feature these special meals:

Thursday, 8/4, 5:00 to 7:00: birthday night, following the celebration in the Grill from 3:30 to 5:00.

Monday, 8/8, 4:30 to 6:30: Mexican Fiesta dinner. There is an extensive menu, including chicken mole and seafood enchiladas. The cost is $10.00, and the regular menu will not be available.

Tuesday, 8/16, 5:00 to 7:00: Thai Café evening with a price of $13.50. Menu items will include spring rolls, Pad Thai with pork, and Pla Jien (ginger catfish).

Thursday, 8/24, 11:30 to 1:00: Men’s lunch - see the bulletin boards for menu, price, and program.

Janet Klemperer
Charlie Anderson (109-FS – so designated to distinguish him from resident Charles Anderson in Apt. 102-FS) is an excellent photographer. We have been blessed on several occasions by shows of scenes that he captured on trips around the world. On July 7th we saw photographs selected from two different “fall color” trips taken to the Northeast, primarily Maine, with his wife, Pat Carney. We always look forward to the stories of their trips, and of course, the beautiful photographs.

Phil Waggener
The Mirror staff have pondered for some time the possibility of a “letters to the editors” section in our monthly publication. That has been deemed unworkable for several reasons. We therefore propose a short, mid-monthly publication that we have titled – “Here’s What I Think” (h·W·I·T, for short, with a silent “h”).

The publication is to provide a vehicle for those residents who prefer to write their thoughts rather than speak them in an open forum, on subjects of interest to Frasier residents. These “letters” are intended to provide a place for public comment or debate, raise a concern or praise a success, and should not be an alternative to the Frasier suggestion box, where residents observe something on the campus that needs attention.

To illustrate what we mean, the Mirror staff members are preparing a “sample” to be distributed in mid-August to your shelves. We hope that you respond by sending us your thoughts. Please submit them with the title “Here’s What I Think” by email to — Mirror@FrasierMeadows.org at any time. The letters should be accurate and respectful, and avoid personal attacks. When we have enough letters to constitute 4-pages of material, we will publish an issue (not necessarily every month). Letters should be relevant to residents of Frasier Meadows and must be signed by the author. Editors reserve the right to edit the content for length and typographical errors, and to omit as appropriate. Preference will be given to new authors. Residents might choose to respond to a letter already circulated, or present a new idea. Those who are uncomfortable with preparing an email may contact a Mirror staff member for assistance.

After the first issue, we will not deliver h·W·I·T to your shelves. Instead, a supply will be placed by the mailbox areas for you to pick up if you wish. We understand that this publication will not be of interest to all residents, and don’t want to impose unnecessarily. This publication is a service project of the Mirror staff and may be terminated at any time at the discretion of the publishers.

Editor
The Well-Engineered Eye

On July 13, our physicist Charlie Anderson (103-FS) gave a presentation on The Well-Engineered Eye, in which he described how physical features of the human eye provide an optimized set of visual information to the brain. The core idea is how these features permit a very large amount of information to be presented rapidly and economically.

The center of the visual field, the fovea, covers about 0.5 degree (the angle of the moon), with detail at the 0.01 degree scale. The entire visual field is nearly 180 degrees. A digital camera would use 250 million same-sized pixels. The eye has evolved to perform this with only 0.5 million pixels. Why, and how?

Data reduction! By far the most important technique is scale-invariant sampling - small pixels at the center and progressively larger away from center. This makes the edge detail of an object about the same regardless of distance. At the center of the fovea, pixel size is determined by the size of the light-sensing cells. Beyond 1 degree off-center, the ganglion cells, which take the information to the brain, respond to progressively larger groups of sensors, averaging their input and effectively creating larger pixels.

The strategy is: 1) Provide high-resolution centrally for detailed vision in good light. 2) Provide less detailed but sensitive and fast detection of peripheral objects. 3) Using fast eye muscles, shift the center to the area of interest for a better look.

Charlie describes the mental outlook to perform this research as combining an experimental physicist’s observations with an engineer’s mathematical tools for analyzing and interpreting them. The latter is frequently missing in the biological sciences.

Jeff Grove

“Does that mean me?”

(photo by Alex Herzog)
Shakespeare Outdoors

The Longmont Theater Company’s “Taste of Shakespeare” program brought a unique and delightful version of the Bard’s comedy *All’s Well that Ends Well* to Frasier’s north courtyard on July 23, shifting the place and time from Europe in the 15th century to the Wild West of America in the 1800s.

Jazz at Nissi’s a Big Hit

A busload of Frasierites headed off on a Sunday night to listen to jazz at Nissi’s, only fifteen minutes away. The four-man ensemble, Swing St. Vrain, plays “le jazz hot,” in the style of Django Reinhardt. Their singer, Kaia, a tall brunette in a red sheath, had a mellow voice and easily handled many French lyrics. When asked why, it turns out she grew up in Quebec.

With a moderately priced menu and friendly servers, Frasierites considered the evening a great success. Some of our group even got onto the dance floor, which prompted Linda Keschl to let us know that ballroom dance lessons may be in Frasier’s future. Another visit to Nissi’s is planned for July 31st.
The Roe v. Wade Struggle Continues

Trish Judd spoke about the history of Roe v. Wade at the June women’s luncheon. Trish was vice-president of operations for the Women’s Alliance of Dallas’s First Unitarian Church that, “electrified” at a 1960’s conference, resolved to fight then-abortion laws as “an affront to human life and dignity.”

The Alliance launched a study group that grew convinced of the need to stop illegal abortions’ carnage and the suffering of desperate women. Legalization and safety were their aims. To be more politically effective, they developed a “pearls and high-heels” tactic: the more radical their cause, the more conservatively they dressed. But they struggled for many years, to no avail.

Good luck arrived in 1970. A young lawyer who had clerked for a federal woman judge asked if the Alliance would file an amicus brief in support of the Roe v. Wade case. It was argued in front of that same judge. Roe prevailed by a vote of 2-1. An appeal went to the Supreme Court, which narrowly affirmed a woman’s right to an abortion under the doctrine of privacy.

But Trish pointed out that there have been 388 challenges to Roe in just the past 3 years, most under the guise of “protecting” women’s health.

Dear Frasier Friends

It is with great delight that I return to my post as a chaplain among you all. The last weeks have been full of wonder and awe as I have watched my new baby, Lydia Grace, grow and mature with curiosity and a sweet disposition.

Thank you for supporting me and my little family with your encouragement, beautiful gifts, and even time away to bond. I also want to offer my great appreciation to the administration and residents who made it possible for me to return to Frasier for another year to serve. There is wisdom and encouraging forethought among you.

And to Bob Ritzen, I am ever grateful to be a partner in ministry alongside you. Blessings of grace and joy be yours.

Chaplain Sarah

One governor slipped and said the real reason was “to end abortion.” The June 2016 Supreme Court decision forbade such “protective” measures. Trish warns that concerned women may wish to look sharp for future threats.

Nancy Tilly
Frasier Meadows has two courtyards pleasant all year round, but particularly wonderful in late spring and early summer when the private flower plots are bursting with color. Although I am not an expert on flowers, and don't play one on TV, I am married to a botanist who knows the English, Hebrew and often Latin names of all the flowers. That I am sure enhances the experience, but for the rank amateur that I am, a rose by any other name is still a rose to coin a Shakespearean phrase.

I don't much care what a flower is called, for me it is just beautiful and as a bonus smells good, too. Now, I do know a rose when I see it, and this June the rose garden between the front entrance and the parking lot is an aromatic delight as well as a treat to the eyes to walk through. At Frasier, there are several kinds of gardens, some with mostly herbs, some with vegetables, and some with flowers; I prefer the ones with flowers.

Our arrangement with Trader Joe's all year round to receive bunches of flowers that have not been sold and are slightly over their peak, cheers residents who are lucky enough to be there when the flower shipment arrives. But, as nice as they are, they don't match the delight of enjoying our own flower gardens.

Quiz Question #1

A ball is dropped from a height of 48 feet. Each time the ball bounces it travels back up half the distance from which it fell. How many feet has the ball traveled when it hits the ground for the fifth time?

Answer on page 15

Quiz Question #2

- The person who makes it doesn't tell what it is.
- The person who accepts it doesn't know what it is.
- The person who knows what it is doesn't want it.
- What is it?

Answer on page 13
New Resident Warren Underwood — A Long-Time Frasier Relationship

Born in Lincoln, NE, Warren transferred from NU to Colorado A&M (now State University) and completed a degree in forestry. He worked in the Kremmling, CO area one summer, and then went into service at the Aberdeen Proving Grounds in Maryland and completed his service time at Fort Riley. Warren had met Peggy in Grand Lake where he asked her to dance. They were married in Maryland. Upon Warren’s discharge from service the couple became residents of Boulder.

Warren worked as a Park Ranger in Rocky Mountain National Park for 2 ½ years, as a Forest Ranger in the Black Hills and also Colorado for 11 years.

In January 1973, Manor Administrator Walt Richards offered Warren the position of Director of Building and Grounds. After 6 years, the lure of getting back to more outside work took him to a job with the Boulder Valley School District. Warren continued as a bus driver for the school district until 2015. Here at Frasier since the early 2000’s, Warren has been a driver for many resident trips and other transportation needs. For several years he and his wife Peggy voluntarily drove residents for evening functions such as Dinner Theater productions and Chautauqua programs.

Before her untimely death, Peggy was very much involved at Frasier. She worked in the administration office as part-time Administrative Assistant for several years. When the job required a full-time person, she transferred to Human Resources where she worked for another several years. Peggy lived her last four months at home and in the Frasier Health Care Center.

Peggy and Warren were very active at Mountain View Methodist Church and Warren continues to be active with volunteer work and singing in the choir. I’m sure we will see Warren take an active role as a Frasier resident as well. Other interests include walking, skiing, bicycling and dancing.

Ed Putzier

Answer to Quiz #2

Counterfeit Money
A Unique Exhibit

Dolls, dolls and more dolls! Frasier residents, staff and guests have very much enjoyed Jean Gore’s wonderful exhibit of dolls from all over the world.

We all know Jean as a political and social activist, an ambassador for peace and winner of numerous international awards. But many of us were not aware that as a world traveler, she has collected a number of dolls from many different countries in Europe, Asia, Africa, and South America. In addition, because Jean’s husband worked with foreign students, the Gore children often received dolls as gifts.

Jean’s daughter Mim and granddaughter Jenny worked with Mary Jane Hall to organize this amazing display in our front hall. The reflective mirrors backing the display case provide an impressive double view. We were able to study almost fifty dolls from thirty-two countries. The smallest doll from China is not more than an inch high, and two from India were maybe three inches tall. The dolls were all shorter than a matador from Spain measuring almost 12 inches. One of the larger ones is a double-doll with a sweet face, dressed in yellow gingham and carrying a woven basket. A mid-size doll from Scotland has long braids and is wearing a jaunty hat. Each doll is unique and charming. We thank the Gore family for sharing their collection with us!

Jan Grenda

Resident Council News

Our new Council Program year has begun. In national terms it’s off to a rough start – Frasier’s American flag is too frequently flying at half-staff. Our nationwide campaign for a new President has exposed fears and prejudices. And as for our environment here in Colorado, the wildfire season has begun early and in full force.

In view of all that surrounds us, how are we at Frasier Meadows going to deal with our year ahead? I propose that we begin by individually affirming and upholding Betty O’Brien’s thoughtful motion presented at our June 24th Resident Council meeting. Betty stated:

“Because differences of opinion over this election have caused distress and discord in our Frasier community and have been emotionally upsetting for many of us, I move that:  As members of the Resident Council, we put the past behind us and, while recognizing our differences, move ahead to pledge our support, trust, and respect to each other and to our newly elected President and Council officers. In addition, we commit ourselves to responsibly and fairly represent all Frasier residents in our deliberations and, in the best interest of the entire Frasier community, we carry out our designated purpose of ‘providing a forum for the exchange of information regarding the current plans and objectives with the administration’ in a spirit of trust and cooperation.”

The motion passed unanimously. We are off to a good start!

Mary Axe, Resident Council President
Wellness Center:
Whitney Garcia McCain

Longest Day fundraiser a success!

Thank you residents, community members and staff for participating in the Longest Day event, June 29th! This event honored those with Alzheimer’s and their caregivers for the numerous challenges they face every day. The goal was to be continuously involved in an activity. The Wellness Center staff chose to keep our Nu-Steps (recumbent-stepper exercise machines) busy from 9:00 am to 4:00 pm. One NuStep was in the lobby of Independent Living and the other in Assisted Living. Participants signed up for increments of 10 minutes or more. Residents, staff and guests supported the “steppers” by making donations, and a total of $1,979 was raised! This put Frasier off to a good start toward our total fundraising goal of $8,500 for the Alzheimer’s Association.

The turnout was great for the event! Our CU volunteer in the Wellness Center, Tommy Oliver, participated in the fun with many sweaty steps. Lynne Duguay did not ride the NuStep upside down as she did last year. Instead, she did a comical aerobic dance routine around her NuStep participation. A very big thank you goes to Llyn Lankford who filled in for Mary Jane Hall who had fractured her wrist the previous day. The eager participation across the campus acknowledged compassion for the disease and those that it affects.

Our Honor-A-Caregiver Drawing also brought in donations. Donors wrote names of caregivers they wanted to honor, for a drawing. The 5 winners received well-deserved wellness services.

Thank you, Frasier community, for your compassion and generosity to support this cause.

Ann Miller

Answer to quiz #1

138 feet

(48 + 24 + 24 + 12 + 12 + 6 + 6 + 3 + 3)

bounce 1 + up + bounce 3 + up + bounce 3 + up + etc.
August Birthdays

INDEPENDENT LIVING

Bill Tucker .................. 08.01
Charles Aumiller .......... 08.02
Betty Hill .................... 08.09
Patricia Anderson ........ 08.16
Joanne Heiple ............. 08.16
Linda Dixon ................. 08.20
Nancy Smalley ............. 08.22
Jane Gilman ................. 08.27
William Stengel ........... 08.27
Ellen Cotts .................. 08.29
Trish Judd ................... 08.29
Ann Moore ................... 08.29
Shirley Deeter ............. 08.30
Gale Chidlaw ............... 08.31

HEALTH CARE CENTER

Thelma Haydon .............. 08.03
Barbara Perrault .......... 08.10

THE MIRROR: Monthly news of Frasier Meadows Retirement Community, Boulder, CO, is published by residents to provide in-house news and general information for current and future residents.

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The MIRROR staff will meet at 2:00 p.m. on Tuesday Aug. 1st in the Private Dining Room to plan the September 2016 issue.
Saturday August Movies (7:00 p.m.)

Aug. 6  
Inside Out  2015
When her family relocates across the country, tween Riley Anderson struggles with the stress of her new situation and her animated emotions get carried away -- quite literally -- on a fantastic journey through her mind. (Netflix)

Aug. 13  
Bridge of Spies  2015
At the height of the Cold War in 1960, the downing of an American spy plane and the pilot's subsequent capture by the Soviets draws Brooklyn attorney James Donovan into the middle of an intense effort to secure the aviator's release. (Netflix)

Aug. 20  
Cold Comfort Farm  1995
When Flora Poste (Kate Beckinsale), a young society woman in 1930s London, becomes suddenly orphaned, she's forced to take up residence with a group of her unsophisticated, oddball relatives at their farm. Despite protests from the bedridden, iron-willed matriarch of the farm, the aspiring lass tries to achieve some semblance of order and class in the house -- and in her own life. (Netflix)

Aug. 27  
Rams  2015
Despite the fact that they live next door to each other, brothers and fellow sheep farmers Gummi and Kiddi have gone 40 years without speaking to each other. When a deadly virus attacks both their herds, the brothers are forced to communicate again. (Netflix)
New Residents

Sara and Don Cote

moved from their home in Boulder to apartment 282 FN on July 11. Sara was born in New York City on January 23, Don in Dover, NH on September 19. They met while attending the University of New Hampshire. Don got a BS (and later an MS) in Electrical Engineering; Sara majored in Sociology. After graduation they married and spent their first 15 years in the Washington DC area, then the next 35 in Boulder, after Don’s job transfer to NOAA’s Environmental Research Labs. They have three children and four grandchildren; their son Joseph lives in Boulder, their daughter Elisabeth in nearby Lafayette. Before retirement Sara worked as a credit analyst, Don as Director of System Engineering. Sara says she has a great time playing Mah Jongg and bridge. Don enjoys reading and woodworking. Together they love to travel the world. Don finds his volunteer work for the AARP TaxAid Program very rewarding. Their new phone number is 720-562-8057. They are sponsored by Anne and John Dyni. Welcome to Frasier!

Catherine and Thomas Holzer

arrived on July 19 from nearby Lafayette and moved into 296 FN. Both worked at CU, Catherine as budget manager for CU’s libraries, Thomas as research physicist. They like to play bridge, read and walk. To keep in shape Catherine enjoys exercising and Thomas pool and golf. Catherine’s birthday is July 16, Thomas’ June 24. They were born in San Francisco and Albuquerque respectively. Their sponsors are Peter and Joan Dawson. Their new phone number is 720-562-8293. Welcome to our community!
William Thornburg arrived on July 18 from his home in Boulder and moved into apartment 222 FC. He was born in Thermopolis, WY on January 9. He studied at the Universities of Nebraska and Denver and obtained a JD degree from the University of Denver and passed the Bar. He worked for a bank and practiced law in Sterling, CO and owned and managed a 64-acre farm and a 6,400-acre ranch in Logan County, CO. Between 1963 and 1985 he was Secretary and President of the Colorado Licensed Professional Counselors Association (CLPCA). He is a member of the National Western Stock Show and of the Denver Agricultural & Livestock Club. He enjoys reading and studying history. His daughter Holly lives in Boulder. His sponsor is John Wilson; his new phone number is 720-562-8270. We welcome him to our community.

Assisted Living Arrivals

Nancy Henderson and Chauncey Beagle

Arrived: June 28th
Occupying apartment: 1107 AL
Moved from: 269-FC
Birthday Nancy: September 29th
Birthday Chauncey: March 19th